

SEO London Calendar of events for Pre-Internship training for ALL Careers students: Get the dates in your diary now and then sign up via the student portal for the sessions that are beneficial for your division/industry stream.

Date/Time	Session	Who is it for?	Format
06 Feb 12:30 - 1pm	How to Prepare for your Internship Join a 30 min internship 1-0-1 to get you kick started on the road to success	ALL 2024 Summer Interns	Virtual
06 Feb 1:00 - 1:30pm	Alumni Panel - Summer Converts Hear from 2023 Summer Interns who converted their internship to a grad role	ALL 2024 Summer Interns	Virtual
21 Feb 3:00 - 4:30pm	Commercial Awareness with Snippet Finance Sharpen up your skills to talk about current market events	ALL 2024 Summer Interns	Virtual
06 Mar 5:00 - 5:30pm	How to Prepare for your Internship Join a 30 min internship 1-0-1 to get you kick started on the road to success	ALL 2024 Summer Interns	Virtual
13 Mar 2:00 - 5:00pm	Excel Training Shortcuts Get schooled in using your keyboard to the max and leaving the mouse alone	ALL 2024 Summer Interns	Virtual

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20 Mar 5:00 - 6:00pm	Commercial Awareness - LBO/M&A Deals Become more confident talking about M&A/LBO deals	IB/AI/Consulting	Virtual
22 Mar 12:00 - 1:00pm	Dress for Success Understand how to look smart and professional on your first day	ALL 2024 Summer Interns	Virtual
25 Mar 5:00 - 6:00pm	Asset Classes – Equities Gain useful insights and current trends into this asset class	Markets/AM	Virtual
26 Mar 5:00 - 6:00pm	Asset Classes - Fixed Income Gain useful insights and current trends into this asset class	Markets/AM	Virtual
27 Mar 5:00 - 6:00pm	Asset Classes - FX/Rates Gain useful insights and current trends into this asset class	Markets/AM	Virtual

IB = Investment Banking, AI = Alternatives Investment RE = Real Estate

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Date/Time	Session	Who is it for?	Format
03 Apr 12:30 - 1:30pm	Alumni Panel – IB Hear from Alumni who successful completed and converted an IB internship	IB/AI	Virtual
03 Apr 12:30 - 1:30pm	Alumni Panel - Markets Projects Hear from Markets Alumni about how they tackled their internship project	Markets	Virtual
04 Apr 5:00 - 6:00pm	Alumni Panel – Asset/Wealth Management Hear from Alumni who successful completed and converted an internship	Asset/Wealth Management	Virtual
04 Apr 12:30 - 1:30pm	Alumni Panel – Alternatives Hear from Alumni who successful completed and converted an AI internship	AI	Virtual
04 Apr 12:30 - 1:30pm	Alumni Panel - Corporates/Tech Hear from Alumni who successful completed and converted an internship	Corporates/Tech	Virtual

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Date/Time	Session	Who is it for?	Format
04 Apr 12:30 - 1:30pm	Alumni Panel – Consultancy Hear from Alumni who successful completed and converted an internship	Consultancy	Virtual
05 Apr 12:30 - 1:30pm	Alumni Panel – Real Estate Hear from Alumni who successful completed and converted an internship	RE	Virtual
05 Apr 12:30 - 1:30pm	Alumni Panel – Insurance Hear from Alumni who successful completed and converted an internship	Insurance	Virtual
05 Apr 12:30 - 1:30pm	Alumni Panel - Other Finance Roles Hear from Alumni who successful completed and converted an internship	Other finance roles	Virtual
08 - 09 Apr 9:00 - 5:00pm	Technical Financial Modelling Training Day 1 & 2 Let Training the Street take you through your paces on financial modelling, valuations and DCF for IB and Alternatives roles	IB/AI/RE	In person Capacity 100

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Date/Time	Session	Who is it for?	Format
10 Apr 9:00 - 12:30pm	Technical Real Estate Modelling Let Training the Street take you through your paces on specific Real Estate modelling.	RE	Virtual
10 Apr 2:00 - 5:00pm	Excel Training Shortcuts Get schooled in using your keyboard to the max and leaving the mouse alone	ALL 2024 Summer Interns	In Person Capacity 50
22 Apr 12:30 - 1:30pm	Writing Skills Top tips and guidance on how to perfect your business writing on emails, PowerPoint and reports	ALL 2024 Summer Interns	Virtual
23 Apr 12:30 - 1:00pm	How to Prepare for your Internship Join a 30 min internship 1-0-1 to get you kick started on the road for success	ALL 2024 Summer Interns	Virtual
11 - 12 Jun 9:00 - 5:00pm	Technical Financial Modelling Training Day 1 & 2 Let Training the Street take you through your paces on financial modelling, valuations and DCF for IB and Alternatives roles	IB/AI	In Person Capacity 100

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Date/Time	Session	Who is it for?	Format
11 Jun 9:00 - 12:00pm	AmplifyMe Markets and Asset Management simulation	Markets/AM	Virtual
13 Jun 9:00 - 5:00pm	"We got an internship" Training Join your peers and learn about the rules of the road for working in an office	ALL 2024 Summer Interns	In Person Capacity 250
14 Jun 12:00 - 1:30pm	"We got an Internship" Mop Up Session For students unable to make it in person to "We got an internship" training to get those road rules too	ALL 2024 Summer Interns	Virtual
14 Jun 10:00 - 1:00pm	Excel Training Shortcuts Get schooled in using your keyboard to the max and leaving the mouse alone	ALL 2024 Summer Interns	In Person Capacity 50
27 Jul 12:00 - 3:00pm	Intern Summer Picnic Join all the internships for a mid way get together and share how its going and get support	ALL 2024 Summer Interns	In Person
12 Sep 5:00 - 7:00pm	We Finished our Internship Celebration Join the SEO London team in the office for a mini celebration	RE/AI	In Person Capacity 40

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What you need to attend for your division/industry stream: If you want to really get ahead before your internship starts, this lays out exactly what sessions you need to attend in our Pre-internship training programme.

What should they attend?	Internship Division/ Industry Stream							
	Markets	IB	AI	Real Estate	Consulting	Corporate	Insurance	AM/WM
How to Prepare for your Internship	Y	Y	Y	Y	Y	Y	Y	Y
Excel Training Shortcuts	Y	Y	Y	Y	Y	Y	Y	Y
Commercial Awareness 1	Y	Y	Y	Y	Y	Y	Y	Y
Commercial Awareness 2		Y	Y		Y			
How to Dress for Work	Y	Y	Y	Y	Y	Y	Y	Y
Asset Classes - Equities	Y							Y
Asset Classes - Fixed Income	Y							Y
Asset Classes - FX/Rates	Y							Y
Coaching Calls	Y	Y	Y	Y	Y	Y	Y	Y
Alumni Panel - Summer Converts	Y	Y	Y	Y				Y
Alumni Panel - IB		Y						
Alumni Panel - Markets Projects	Y							
Alumni Panel - Asset/Wealth Management								Y
Alumni Panel - Alternatives			Y					
Alumni Panel - RE				Y				
Alumni Panel - Corporates						Y		
Alumni Panel - Consultancy					Y			
Alumni Panel - Insurance							Y	
Alumni Panel - Other Finance	Y	Y						Y
IB Technical Training Day 1 & 2		Y	Y		Y			
Real Estate Modelling				Y				
Writing Skills	Y	Y	Y	Y	Y	Y	Y	Y
Mentoring	Y	Y	Y	Y	Y	Y	Y	Y
AmplifyMe Presentation and Simulation	Y							Y
"We got an internship" Training	Y	Y	Y	Y	Y	Y	Y	Y
No of events to attend for success	12	12	12	11	1	9	9	14

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AM = Asset Management, WM = Wealth Management